

Balance-Based Torso-Weighting® - Augmenting Sensory Information Via the Trunk



Overview

The elderly and people with balance loss due to neurological diagnoses such as MS, neuropathy, Parkinson's, CVA, TBI, Vestibular, CP, down syndrome, and those with ataxia among others often have mobility challenges.

Motion Therapeutics developed Balance-Based Torso-Weighting (BBTW®), a unique and effective system to effectively assess and treat directional balance loss.

During this class the clinician will learn the static and dynamic assessment tests and weighting strategies to immediately improve a patient's balance same session.

Participants will have ample opportunity to practice the patented assessment and strategic weighting technology using the BalanceWear Assessment Device.

Learning Objectives

- Identify ways to measure perceptual and dynamic directional loss
- Recite evidence of weighting applications
- Practice BBTW directional imbalance assessment
- Apply strategic weighting according to BBTW
- Analyze differences in qualitative and quantitative measures with BBTW
- Determine if a patient benefits from rigid VS soft neuro-sensory device
- Practice fitment and measurement of balance orthotics
- Document weight placement and size measurements
- Design exercise programs for balance problems using BBTW
- List indications for lumbar orthotics
- Demonstrate strategic weight placement via case studies and Volunteer participants

Testimonials:

"I don't have to think to move"

Mary – a patient with MS

"It's like a light bulb went on in my brain"

Brit – a patient-status post brainstem surgery

"It's like it holds you together"

George – a patient with Parkinson's Disease

Location (for Hands On Sessions):

UVA-HealthSouth Rehab Hospital

Fontaine Research Park
515 Ray C. Hunt Drive
Charlottesville, VA 22903

Times:

Pre Webinar

Wed., Oct. 15, 7:00pm - 9:30pm EDT

Hands on Lab with Patients - 2 days:

Friday, Oct. 17, 6:00pm - 9:00pm

(Registration is 5:30pm - 6:00pm)

Saturday, Oct. 18, 8:30am - 5:00pm

(Registration is 8:00am - 8:30am)

Post Webinar

Tues., Oct. 28, 7:00pm - 8:00pm EDT

Tuition: \$300

Target Audience

This intermediate level class is designed for PT and OT clinicians.

Instructional Ratio

10:1 Max enrollment: 10

Continuing Competence/Education Units

15 CCUs in: Alabama, Arizona, Arkansas, California, Delaware, District of Columbia, Georgia, Indiana, Iowa, Kansas, Kentucky, Maine, Montana, Nebraska, North Carolina, Oregon, South Carolina, Tennessee, Utah, Vermont, Virginia, Washington, and Wisconsin.

13.5 CEUs in: Florida and Pennsylvania.

Participants will practice with the BalanceWear assessment device.

- » Adjustable vest
- » Rigid orthotic
- » Two ¼ pound weights
- » Five ½ pound weights
- » Manual marker
- » Tape measure



Seminar Outline

Balance-Based Torso-Weighting: Augmenting Sensory Information

Pre Webinar - 2.5 hours

Wed., Oct. 15, 7:00 - 9:30pm EDT

It will be recorded for people who can't attend live webinar.

- Introduction to Balance-Based Torso-Weighting: BBTW
- Review the evidence
- Discuss clinical application
- Identify static directional loss
- Identify reactive control loss
- Documentation of loss of balance

Watching the Webinar is mandatory and will allow attendee to gain maximum benefit from the live hands-on portion of the seminar. **Information on how to access the Webinar will be emailed to attendee after registration.**

Hands On Lab with Patients

Day 1 - Friday, Oct. 17 (BBTW technique review)

Registration: 5:30pm - 6:00pm

Class: 6:00pm - 9:00pm

Directional loss of balance Lab

- Document Partner's Loss of Balance
- Refine Perturbation Techniques

Discuss clinical weighting strategies

- Practice weighting participants

Determine fit of orthotic

Day 2 - Saturday, Oct. 18 (Lab with patients)

Registration: 8:00am - 8:30am

Class: 8:30am - 5:00pm

8:30 - 9:00 Directional Balance loss in patients

9:00 - 10:00 Patient demonstration

10:00 - 10:15 Break

10:15 - 11:45 Lab with volunteer patients

11:45 - 12:45 Lunch

12:45 - 3:45 Lab with volunteer patients

3:45 - 4:00 Break

4:00 - 5:00 Review and questions

Post Webinar - 1 hour - Clinical patient review

Tues., Oct. 28, 7:00 - 8:00pm EDT

This will also be recorded.

Registration Form

BBTW Seminar - Charlottesville, VA

Name: _____ ☐ PT ☐ OT

Identifying name of your group
(if applicable) _____

Clinical Focus: _____

Phone No.: _____

Name of Institution, Company or Facility: _____

Address: _____

City: _____ State: _____ Zip: _____

Email Address: _____

Tuition: \$300

Discounts:

- \$25 discount for early registration before Oct. 14, 2014
- \$250.00 for 2 two or more therapists from same clinic
- If your clinic/practice buys a vest (\$399) you will receive \$50 off the price of the class (one per clinic).

Send registration to:

Motion Therapeutic, Inc.
1830 Eastman Avenue
Oxnard, CA 93030

888.330.2289 Voice
805.278.6609 Fax
david@motiontherapeutics.com

Or register on-line at:

www.motiontherapeutics.com/Charlottesville

Refund & Cancellation Policy: Motion Therapeutics, Inc. reserves the right to cancel or reschedule this seminar due to an insufficient number of registrants or other unforeseen circumstances. Under these circumstances, seminar fees will be returned in full to the registrant. Please note that Motion Therapeutics, Inc. is not responsible for any participant expenses other than a refund of the seminar fee. All cancellations must be submitted in writing. For cancellations received 7 days before the seminar date, the seminar fee will be returned less a \$25 administrative fee.

Faculty

Dana Lykins received her Doctorate of Physical Therapy from



the University of Kentucky. She has been practicing in the Lexington, KY area for 15 years, specializing in adult neurological physical therapy. Currently, Dana is a treating therapist for Baptist Health Lexington and therapy coordinator for Baptist Health Multiple Sclerosis Center. She is an adjunct faculty member for the University of Kentucky Physical Therapy program. Dana also serves on the Clinical Advisory Committee for the Kentucky-Southeast Indiana chapter of the MS Society and is a Multiple Sclerosis Certified Specialist.