



# Instructions for Use







### **How BalanceWear Works**

Your BalanceWear Versatile Vest provides supplementary sensory information to the nervous system, helping to improve your balance and stability in all directions of movement, giving you greater mobility and confidence. It has been fitted especially for you by a professional trained in the patented Balance-Based Torso-Weighting® protocol.

Flexible weights have been strategically placed in the garment using a hook and loop fastener system according to your individual *BalanceWear Body Chart Weight Locator*, specifically tailored to rebalance your losses.

### Using the Model BW300

To begin using the BW300, put it on like a vest (1) and zip it up (2). Under certain circumstances, such as inability to use an arm, the device can be modified during the garment fitting by the provider, who will supply you with additional special instructions at that time.

**IMPORTANT**: Use as directed by your BalanceWear provider. Do not change the locations of the weights or let others wear this device. In general the garment should be worn 1-2 hours per day during upright activity and exercise. Some people wear it all day for support. For added comfort, wear a T-shirt or camisole between your skin and the vest.

## **Care Instructions**

Remove the weights from the device prior to washing. Hand wash with mild soap in cool water only. Rinse well and air dry. DO NOT machine wash, tumble dry, dry clean, use bleach, fabric softener, or an iron with this product. Make sure to replace the weight(s) in the exact place(s) marked on your BalanceWear Body Chart Weight Locator along with the indicator numbers noted by your provider.

# **Product Warranty**

The device is warranteed against manufacturer defects for six months.

## **Sizing: Measure around waist**

Regular	Small (28"-36")	Medium (36"-44")	Large (44"-52")	(38"-41")
Short	Small (28"-36")	Medium (36"-44")	Large (44"-52")	(34"-37")
Tall	Small (28"-36")	Medium (36"-44")	Large (44"-52")	(42"-45")

(Height: Measurement from bottom front of vest, over shoulder, to bottom back of vest.)

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### **Indications**

This device is for clients with balance and mobility loss,

- Parkinson's Disease
- Multiple Sclerosis
- Stroke
- Head Trauma Brain Surgery
- Elderly
- Osteoporosis Ataxia
- Cerebral Palsy » Dizziness

Clinical judgement required if this device is being used by people with conditions that could be compromised by compression, including those with:

- Cardiac or respiratory conditions
- Trunk wounds

Height

- Ostomy or Colostomy
- G-Tubes
- » Recent surgical incisions

### **Cautions**

- » Do not change the location of the weights.
- » Do not let others use this device.
- » If you feel less stable, remove the device immediately until you can see your provider.

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