

Patient Fitting Instructions



1.

Slide your arms through the vest like a normal garment.



2.

Center the front panel with rigid thermoplastic insert across your abdomen.



3.

Thread the strap through the metal ring.



4.

Tighten the front inner panel with the hook material on either side.



5.

Zip up the front of the vest.



6.

When properly fitted the vest supports your core.

Care of the OW200 Lumbar-Sacral Orthotic

Remove the thermoplastic inserts from the OW200 prior to washing. Hook and loop closures for these inserts are located at the bottom of the back panel and at the side of the front panel. Be sure to return the back thermoplastic insert inside back panel in front of compression belt. Hand wash with mild detergent in cool water, rinse well, and air dry only. DO NOT machine wash, tumble dry, dry clean, use bleach, fabric softener, or an iron with this product.

Follow the instructions from your practitioner exactly. They understand your unique medical condition.